



2019-20 SEASON

CLAC - PROGRAM I

8.30am	8.45am	9.00am	9.15am	9.30am	9.45am	10.00am	10.15am	10.30am	10.45am	11.00am
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U 6 B & G	On Track Program	Shot Put 1 & 2	100M	
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U7 BOYS	Welcome to Caulfield Athletics + Warm Up	Long Jump 1	100M		Discus 1		
U7 GIRLS		Long Jump 2	100M		Discus 2		
U8 BOYS		Discus 1	100M		Long Jump (TJ 3)	400M	
U8 GIRLS		Discus 2		100M	Long Jump (TJ 4)	400M	
U9 BOYS		Long Jump (TJ 3)		100M	Shot Put 1	400M	
U9 GIRLS		Long Jump (TJ 4)		100M	Shot Put 2	400M	
U10 BOYS		100M		Long Jump 1	800M		Discus 1
U10 GIRLS		100M		Long Jump 2	800M		Discus 2
U11-12 BOYS		100M		Discus 1	800M		Triple Jump 3
U11-12 GIRLS			100M	Discus 2		800M	Triple Jump 4
U13-16 BOYS			100M	Triple Jump 3		800M	Shot Put 1
U13-16 GIRLS			100M	Triple Jump 4		800M	Shot Put 2

Please sign in for DUTY as soon as you arrive. The program cannot commence until all official positions are filled.

Please note that we will endeavour to run all programs to schedule however the Centre Executive reserves the right to adjust the events or the timetable at any time.

