



# CAULFIELD LITTLE ATHLETICS 2020 CENTRE CHAMPIONSHIPS PROGRAM

		8:45	9:00	9:15	9:30	9:45	10:00	10:15	10:30	10:45	11:00	11:15	11:30	11:45	12:00	12:15	12:30	12:45	13:00	13:15	13:30	13:45	14:00	14:00
U6B	Warm Up		Long Jump 1	70M	Shot Put 1			100M		200M														
U6G	Warm Up		Long Jump 2	70M	Shot Put 2			100M		200M														
U7B	Warm Up	Shot Put 1		70M	Discus 1			100M	Long Jump 1			200M			400M									
U7G	Warm Up	Shot Put 2		70M	Discus 2			100M	Long Jump 2			200M			400M									
U8B	Warm Up	60H		High Jump 3	70M			Discus 1	100M		Long Jump 1	200M			400M	Shot Put 1								
U8G	Warm Up	60H		Discus 1	70M			High Jump 3	100M		Long Jump 2	200M			400M	Shot Put 2								
U9B	Warm Up	60H	700m W	Long Jump 3	70M	800M		Shot Put 1	100M			200M	Discus 1		400M	High Jump 3								
U9G	Warm Up	60H	700m W	Long Jump 4	70M	800M		Shot Put 2	100M	High Jump 3			200M	Discus 1	400M	Discus 1								
U10B	Warm Up		60H	Shot Put 1	1100m W	70M	800M	Triple Jump 3	100M	Discus 1			200M		400M		High Jump 2	Long Jump 1						
U10G	Warm Up		60H	Shot Put 2	1100m W	70M	800M	Triple Jump 4	100M	High Jump 2			200M		400M		Discus 1	Long Jump 2						
U11B	Warm Up	Javelin 1	80H		1100m W	100M	800M	High Jump 2			200M	Shot Put 1	Long Jump 1	400M	Triple Jump 3		Discus 1						1500M	
U11G	Warm Up	High Jump 2	80H		1100m W	100M	Javelin 1	800M			200M	Shot Put 2	Long Jump 2	400M	Triple Jump 4								1500M	Discus 2
U12B	Warm Up	Triple Jump 3	80H	1500m W	High Jump 1	100M	800M	Shot Put 1	200M		Long Jump 3			400M	Javelin 1								1500M	Discus 1
U12G	Warm Up	High Jump 1	80H	1500m W	Triple Jump 1	100M	800M	Shot Put 2	200M	Long Jump 2			Discus 2	400M		Javelin 1							1500M	
U13	Warm Up	Discus 1	80-100H	1500m W	Triple Jump 3	100M	800M	High Jump 1	200M	Javelin 1	Long Jump 3	400M	Shot Put 1	200H	1500M									
U13+G	Warm Up	Discus 2	80-100H	1500m W	Triple Jump 4	100M	800M	Javelin 1	200M	High Jump 1	Long Jump 4	400M	Shot Put 2	200-300H	1500M									
U14+B	Warm Up	Triple Jump 4	80-100H	1500m W	Long Jump 2	100M	800M	Discus 1	Javelin 1	200M	Shot Put 1	High Jump 2	400M		200-300H	1500M								

The program cannot commence until all official positions are filled. **Please sign in for DUTY as soon as you arrive**  
Please note that we will endeavour to run all programs to schedule however the Centre Executive reserves the right to adjust the events or the timetable at any time.

Symbol	Venue Type
	Jump Pits 2
	Shot Put Rings
	Jump Mats
	Javelin Runways
	Discus Cages

